

What makes our dreams come true?

Sunday, 21 September 2008 00:00 - Last Updated Friday, 10 July 2009 19:05



Everything in our physical universe takes time to manifest. Our mind and Universe can be compared to a little child and his old grandfather respectively. When the child wants something and asks grandfather for it, granddad (the Universe) just smiles to little child (our mind), because he knows that one moment after little kid will forget what he wanted and will ask for something else. But when a he repeatedly continues to ask for something, grandfather will kiss crown of the child's head and will make his dream come true.

In physics it can be explained as inertness (inactivity, stagnancy, heaviness) of matter or substance. If your mind is able to create images very fast, physical or real image of your mind will take time to manifest.

That is why exercises are so helpful, because step by step you are training your mind and body and do exercises repeatedly. Everyday we approach closer to our dream (goal, objective, wish).

I would like to say few words about this powerful **Wish Come True exercise**, that is very easy to do, but remember to do it every day as many times as possible.

So here is the exercise:

When you wake up in the morning ask yourself:

- I wish to brush my teeth.

Then go to the bathroom, brush your teeth and after that answer yourself:

- I am so happy and grateful that my wish came true!

Then make another wish:

- I wish to get dressed.

Then go to your wardrobe and dress as you wished, don't forget to answer yourself after that:

- I am so happy and grateful that my wish came true!

You will see that if you continuously do this exercise, you are beginning to achieve greater things with less time, because before this exercise your subconsciousness didn't believe that dreams come true, and you begin to teach yourself and your subconsciousness that dream come true everyday, you just didn't notice that before...

We always wait for magic (miracle, marvel, wonder) to happen that is why we don't see the magic of life around us. Just keep doing that exercise and you will notice the miracle of life changing around you. Things (tasks, problems, aims) become easy to accomplish, obstacles are disappearing on your current tasks, and do not appear at all in your upcoming tasks. Everyday is a great day of achievement with magical spell: "I am so happy and grateful that my wish came true!"

Good luck on your endeavours!