

As the Black Eyed Peas so rightly put it, "Where is the Love?". For hundreds of years, poets, authors, songwriters and even Jesus Christ himself, have put forward the notion that "All we need is love". "Love lifts us up where we belong", "Love is a many splendoured thing". Why then is it not happening?

The world is filled with "[Lust](#)", "[Gluttony](#)", "[Greed](#)", "[Sloth](#)", "[Wrath](#)", "[Envy](#)", and "[Pride](#)". Yes, there are seven sins. Look around you, they are everywhere. The world is filled with them. We are all guilty of at least one of them. Love can never happen so long as these sins are perpetuated. The only way it can change is for you to change it. Negativity is probably one of the worst perpetrators of these sins. The media driven world in which we live thrives on these sins. Advertising is destroying our world. We are bombarded with imagery beckoning us to commit these sins. Open your eyes, look at the world objectively, see the signs.

The balance needs to be restored between good and evil. The yin and yang. I believe it goes one step further than this. We are always taught about right and wrong, good and bad, positive and negative. We are persuaded to think that a positive cannot exist without a negative. Very much like the two poles of a magnet, or the terminals of a battery. In fact, they are just two sides of the same coin. All they do is make reference to the direction in which the energy flows. See them as the same thing and your perception changes forever. See the good in the bad. Extreme opposites usually bring out the same emotions. We cry when we laugh and when we are sad or hurt. They are the same emotion. I believe there is no negative. We have been conditioned to think that way. If you slowly begin to remove the negativity from your life and are only left with positivity, then negativity no longer exists. I truly believe this is possible. The feeling is almost euphoric. Nirvana. Heaven on Earth.

And all it takes is love. Unconditional love. Begin by loving yourself. Have no negative thoughts about yourself. Stand proud and know that because you are true to yourself, you can be true to others. When you are true to others, they are true to you. The love gets perpetuated down the line. If every one were to do this, it would set off a chain reaction ending all crime, violence, hatred, war on earth. We are living in very sick times. People are becoming desperate. They are scared. Fear is the worst of all the emotions. Fear is what keeps us enslaved.

God fearing, Law abiding subservient creatures. There is nothing to be scared of. Imagine waking up tomorrow morning and you really are scared of nothing. You have absolutely no fear whatsoever. There are no more thoughts of what if this or what if that. You go about your day with absolute harmony. You can focus your thoughts on positivity. Achieve more throughout the day. React better with people around you. Be amazed at how much better they treat you. Friendlier, more love. No more negative thoughts. Suddenly people don't seem to push your buttons that much any more.

My goal at the moment is to remove all my buttons. Each time someone says something to you which immediately affects you, as if a switch has suddenly gone on, then that is something you

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need to work on. See the signs. Analyse why it is that that word, or action just instantly makes you angry, jealous, negative. Focus on that thing and deal with it. The more you see these signs and work with them, removing them from you life, the more the positivity can take over. When no one can push buttons any more, life is bliss. You are calm, cool and collected.

Spread the love, turn all the 0's to 1's, unleash the power of the positive.